



CHROMEMATE

Ingredients: Each capsule contains 200 mcg Chromium Polynicotinate in a base of chelated trace minerals

ChromeMate®, a niacin-bound chromium called chromium *polynicotinate* that supplies a highly bioavailable form of chromium, an essential trace mineral that has been known to support healthy blood sugar levels.

ChromeMate®, a biologically active form of **chromium**, may help insulin metabolize fat, turn protein into muscle, and convert sugar into energy*. **Chromium**, the "blood sugar nutrient", is an essential trace mineral. Its primary role in the body is to promote normal insulin function. However, **chromium** by itself is poorly absorbed and has little effect on insulin.

ChromeMate® is completely safe and non-toxic.

ChromeMate® may play an important role in:

- Controlling blood lipids***
- Increasing HDL cholesterol***
- Reducing hunger cravings, especially sugar cravings***
- Boosting energy level***
- Preventing fat rebound***

The **Dietary Guideline Advisory Committee** has reported, 9 out of 10 American adults are suffering from various degrees of deficiency of chromium, which includes athletes, diabetics, the elderly, or anyone that doesn't eat a well-balanced diet. **Chromium** is one of the 16 essential trace minerals that are necessary for good health.

ChromeMate® is an easily absorbable form of chromium and many doctors are using it for weight loss programs, high cholesterol and blood sugar conditions.

Curb Sugar Cravings!

Chromium is the 'master' nutrient for controlling blood sugar. It helps overcome sugar cravings and level out the highs and lows associated with a high carbohydrate diet.*

Adding CHROMEMATE® to your diet supports the conversion of food to energy and increases metabolic rate. It's an important part of a complete weight loss program.*

