

DOCTOR'S ORDERS



Doctor's Orders (Noun) (Colloquial)—Medical Instructions, Prescription

"Doctor's Orders" means that you must do something because your doctor has told you to do it. That one is strongly advised to do as ordered, or as if ordered by a doctor.

Bottom line, Doctor's Orders is the directive doctors must give their patient to achieve the greatest possible benefit and health outcome for the patient based on a particular diagnosis and recommended protocol.

For over 40 Years, Bariatric Physicians have looked to Healthy Living & Wellness for the latest in alternative options to recommend to their patients for weight loss and weight management protocols.

We are pleased to be at your service.

Healthy Living & Wellness | (734) 464-7600



Specializing In

- Preventive Medicine
- Weight Control
- Nutritional Supplements
- Parenterals & Orals
- Custom Formulation
- Private Labeling

MAXIMIZE RESULTS



PHARMACEUTICAL GRADE FORMULATIONS

DIUCAPS™



Key Ingredients

- L-phenylalanine (amino acid)
- Pyridocine (Vitamin B6)
- Vitamin C

How it works

- Controls appetite
- Regulates mood
- Enhances mental Focus
- Inhibits bingeing
- Controls head hunger

Other

- Natural alternative to phentermine
- Non script
- Bundle with ProTrim
- Non stimulant - Non controlled (no record keeping)

BE-THIN™



Key Ingredients

- Lipotropic nutrients
- Methylcobalamin (B12)
- Acetyl L-carnitine
- L-Arginine
- Betaine
- Proprietary blend Green coffee bean, African mango, raspberry ketones
- Bundle with Lipotropic Injects

How it works

- Appetite control
- Sugar energy & Stamina boost
- Accelerates fat loss/fat burner
- Boosts mental focus
- Maintains lean body mass

D.N.S™



Key Ingredients

- Vandadyl sulfate
- Mormodica Chirantia
- Gymnema Sylvestre
- Chromium

How it works

- Regulates blood sugar
- Mobilizes fat
- Curbs cravings
- Promotes glucose metabolism
- Abolishes taste of sugar

Other health enhancements to the formula:

- Vitamins
- Minerals
- Amino Acids
- Trace Minerals

BIO-CITRIN™



Key Ingredients

- 60% HCA (Garcinia Cambogia)
- Bioperine
- Chromium (PN)

How it works

- Accelerates Fat Loss
- Suppresses Appetite
- Blocks absorption of fats & carbs
- Increases metabolism

Bundle with:

- Nutrilean
- ChomeMate
- D.N.S

Other

- Compliments, enhances any weight loss program

RODEX FORTE w/TRT™



Key Ingredients

- 90% bio-available absorption
- Pyridoxine (Vitamin B6)
- Vitamin B12
- Folic Acid

How it works

- Increase energy
- Mild diuretic, water retention
- Metabolizes fats & carbohydrates
- Helps regulate mood, depression

Other

- NO G.I. Irritation (common side effects of tablets)

LIPO-BC™



Key Ingredients

- Choline
- Inositol
- Biotin
- Vitamin C
- B-Vitamins

How it works

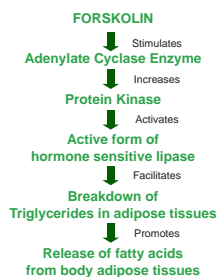
- Increases metabolism to burn fat
- Transports fat out of the body
- Prohibits fat build up in the liver
- Detoxifies and improves liver function
- Boosts Energy

Other

- Maximizes and boosts benefits of injections
- Alternative to shots for needle phobic patients

NUTRILEAN™

Forslean™ Mode Of Action



Key Ingredients

- Forslean (coleus forskolin)
- Acetyl L-Carnitine
- Dexpanthenol

How it works

- Promotes lean body mass
- Mobilizes fat stores
- Increases metabolism
- Increases ATP
- Boosts utilization of fat as fuel
- Increases stamina, mental focus
- Suppresses appetite

Bundle with:

- BioCitrin
- ChromeMate
- D.N.S

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, prevent, or cure any disease.

PROTRIM™



Key Ingredients

- CMC (carboxymethylcellulose)
- Chromium
- Vitamins/minerals

How it works

- Quick fill bulking agent
- Expands up to 7 times volume
- Creates a feeling of fullness
- Inhibits appetite
- Increases metabolism
- Curbs cravings

Other

- Uses as alternative to prescription appetite control drugs
- Bundle with DIUCAPS for dual approach (head & stomach)

Stress 28

Vitality Plus Vitamin and Mineral – 28



Formulated by a bariatric physician, Stress 28 Vitamin and Mineral Complex includes nutritional support to replenish vitamins and minerals that are commonly lost through dieting. This specialty product also includes important trace minerals. No sugar or starch additives.

Stress 28 is an iron-free supplement rich in vitamins and minerals for the maintenance of energy and the preservation of good health!

A proper daily dose of vitamins and minerals can help boost the immune system, helping the body become more resistant against diseases. Nutritional supplements are also useful in eliminating environmental toxins, which can lead to serious health problems.



Nutritional supplements can provide a wide variety of benefits for optimum health. In today's fast paced world, our "on the go" lifestyles can make it difficult to get the proper nutrition we need. While supplements cannot replace proper nutrition, they can complement a less than ideal diet to help overcome nutritional deficiencies.

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Vital To Weight Management Programs

Stress 28 Supplement FaCt5 T Each Tablet Contains:

Vitamin A (from palmitate & beta carotene)	5500 I.U.
Vitamin C (from ascorbic acid)	60 Mg
Vitamin D (from ergocalciferol)	400 I.U.
Vitamin E (from d-alpha tocopheryl acetate)	3 I.U.
Thiamine	3.5 mg
Riboflavin	2.4 mg
Niacin (from niacinamide)	12 mg
Vitamin B6 (from pyridoxine HCl)	0.6mg
Vitamin B12 (from cyanocobalamin)	1.6mcg
Biotin	3 mcg
Pantothenic Acid (from d-calcium pantothenate)	3.5mg
Calcium (from dicalcium phosphate)	110 mg
Phosphours (from dicalcium phosphate)	85 mg
Magnesium (from magnesium sulfate)	15 mg
Zinc (from zinc sulfate)	0.5 mg
Copper (from copper sulfate)	2 mg
Manganese (from manganese sulfate)	1.5 mg
Potassium (from potassium sulfate)	6 mg
Wheat germ	10 mg
Choline Bitartrate	5 mg
Inositol	5 mg
PABA	5 mg
Lemon Bioflavonoid Complex	1 mg
Lecithin	2 mg
Brewer's Yeast	2 mg
Marine Lipids	0.6 mg
Valerian Root	0.6 mg

**Pharmaceutical Grade and
Therapeutically Dosed**